

LUNG CHANNEL

Begins: middle-jiao
 Organs: LU, LI, ST
 Crossing Points: none

Internal Pathway: middle-jiao → LI → ST → diaphragm → LU → throat → LU-1
 Branch: LU-7 → LI-1

Luo Channel: LU-7 → thenar eminence → LI channel

Divergent Channel: axilla → LU → LI

↳ supraclavicular fossa → throat (LI-18)

Sinew Channel: LU-11 → thenar eminence → elbow → chest → diaphragm

LU-1	1st ICS, 6 cun lateral to midline
LU-2	Below clavicle, 6 cun lateral to midline
LU-3	3 cun distal to axillary fold, lateral border of bicep
LU-4	4 cun distal to axillary fold, lateral border of bicep
LU-5	Cubital crease, radial side of biceps brachii tendon
LU-6	7 cun proximal to wrist crease
LU-7	1.5 cun proximal to wrist crease, off the line
LU-8	1 cun proximal to wrist crease
LU-9	Wrist crease, radial side of artery
LU-10	Midpoint of 1st metacarpal
LU-11	Thumb, 0.1 cun from corner of nail, radial side

LU-1	<i>Front-Mu</i>	Descends LU and ST qi, clears heat, transforms phlegm, regulates water
LU-2		Clears LU heat, descends LU qi, disperses fullness
LU-3	<i>Window of Sky</i>	Descends LU qi, clears heat & stops bleeding, calms Po
LU-4		Descends LU qi, unbinds chest
LU-5	<i>He-Sea</i>	Descends LU qi, clears LU heat, transforms phlegm, regulates water pass.
LU-6	<i>Xi-Cleft</i>	Descends LU qi, clears heat, stops bleeding, moderates acute conditions
LU-7	<i>Luo-Connecting</i>	Descends LU qi, releases ext. , pacifies wind, head and neck , Ren mai, regulates water
LU-8	<i>Jing-River</i>	Descends LU qi, stops cough
LU-9	<i>Shu-Stream, Yuan Source</i>	Descends LU qi, tonifies LU qi/yin, regulates 100 vessels
LU-10	<i>Ying-Spring</i>	Descends LU qi, clears LU heat, benefits throat
LU-11	<i>Jing-Well</i>	Revives consciousness, clears heat and benefits throat