

Hand Yang Ming Large Intestine Channel

Primary:

Begins: LI-1

Organs: LI, LU

Tissue: lower gums

Linkage: LI-20 → ST-1

Luo Channel:

LI-6 → up arm → teeth and ear

Divergent Channel:

Separates: Hand

Enters/Emerges: supraclavicular fossa

Converges: throat (LI-18)

LI-1	index finger, corner of nail	LI-11	elbow, between LU-5 & lat. epicondyle
LI-2	index finger, distal to MCP joint	LI-12	1 cun up and back from LI-11
LI-3	index finger, proximal to MCP joint	LI-13	3 cun up from LI-11
LI-4	midpoint of second metacarpal	LI-14	insertion of deltoid
LI-5	snuff box	LI-15	anterior & inferior to acromion
LI-6	3 cun up from wrist	LI-16	between clavicle and scapular spine
LI-7	5 cun up from wrist	LI-17	1 cun below LI-18, posterior SCM
LI-8	8 cun. up wrist (4 cun down from elbow)	LI-18	middle of SCM, level with laryngeal prom
LI-9	9 cun. up wrist (3 cun down from elbow)	LI-19	below nostril, 0.5 cun lateral to midline
LI-10	10 cun. up wrist (2 cun down from elbow)	LI-20	nasolabial groove, level with ala nasi

LI-1	<i>Jing-Well</i>	Revives consciousness , clears heat and stop pain
LI-2	<i>Ying-Spring</i>	Expels wind, clears heat , reduces swelling, stops pain
LI-3	<i>Shu-Stream</i>	Expels wind and heat, benefits throat and teeth , treat diarrhea
★ LI-4	<i>Yuan-Source, Com. Point of Face</i>	Releases exterior, regulates wei and adjusts sweating, regulates face, induces labor , restores yang, stops pain
LI-5	<i>Jing-River</i>	Clears heat, benefits wrist , stops pain
LI-6	<i>Luo-Connecting</i>	Expels wind and clears heat, regulates water passages
LI-7	<i>Xi-Cleft Point</i>	Moderates acute conditions , clears heat, harmonizes ST & intestines
LI-8		Harmonizes Small Intestine , expels wind and clears heat
LI-9		Harmonizes Large Intestine , ACAP



LI-10		Regulates qi & blood, harmonizes Stomach and intestines
LI-11	<i>He-Sea Ghost Point</i>	Clears heat, eliminates wind, drains damp, alleviates itching, regulates qi and blood, ACAP
LI-12		Benefits elbow
LI-13		Benefits upper arm
LI-14		Benefits upper arm
LI-15		Benefits shoulder
LI-16		Benefits shoulder
LI-17		Benefits neck
LI-18	<i>Window of Heaven</i>	Benefits neck
LI-19		Opens nose, eliminates wind
LI-20		Opens nose, eliminates wind