

PERICARDIUM CHANNEL

Begins: Center of Chest

Organs: PC, SJ

Crossing Points: none

Internal Pathway: Chest → 3 cun below axillary fold (near PC-1)

Branch 1: Chest → PC → diaphragm → abdomen → upper, middle, lower jiao

Branch 2: PC-8 → radial side of fourth finger

Luo Channel: PC-6 → follows channel to PC → HT

Divergent Channel: below axilla → chest → throat → behind ear → SJ channel

Sinew Channel: medial elbow, axilla, (spreads over ribs), diaphragm

PC-1	1 cun lateral to nipple, 4th ICS
PC-2	2 cun below axillary fold, between bicep heads
PC-3	Elbow crease, ulnar side of biceps attachment
PC-4	5 cun proximal to wrist crease
PC-5	3 cun proximal to wrist crease
PC-6	2 cun proximal to wrist crease
PC-7	Wrist crease, between palmaris longus and flexor capri radialis
PC-8	Between 2nd and 3rd metacarpal
PC-9	Tip of middle finger

PC-1	<i>Window of Heaven</i>	Unbinds chest, transforms phlegm, descends rebellion; regulates qi and dissipates nodules, benefits breasts
PC-2		Unbinds chest, invigorates blood and alleviates pain
PC-3	<i>He-Sea</i>	Clears heat from qi, ying, and xue levels ; harmonizes ST and stops vomiting, ACAP
PC-4	<i>Xi-Cleft</i>	Invigorates blood and dispels stasis, cools blood and stops bleeding, calms shen, moderates acute conditions
PC-5	<i>Jing-River</i>	Transforms phlegm , calms shen, descends/regulates ST, regulates menstruation
PC-6	<i>Luo-Connecting, Master of Yin Wei</i>	Unbinds chest and regulates qi, regulates HT and calms shen, harmonizes ST and stops n/v , clears heat, opens Yin Wei
PC-7	<i>Shu-Stream, Yuan-Source, Ghost Point</i>	Clears heat from HT and calms shen, harmonizes ST and intestines, unbinds chest, clears heat from ying and cools blood
PC-8	<i>Ying-Spring, Ghost Point</i>	Clears heat from PC and revives consciousness, clears heat from HT and calms shen, harmonizes ST and clears heat from middle-jiao, clears ying and cools blood
PC-9	<i>Jing-Well</i>	Clears heat from PC and revives consciousness, clears heat from HT and benefits tongue, clears summer-heat