

	Actions	Phase	Location	LU	LI	ST	SP
Jing-Well	<ul style="list-style-type: none"> revives consciousness treats upper end of channel fullness below the HT 	Yin: Wood Yang: Metal	First/last point	11	1	45	1
Ying-Spring	<ul style="list-style-type: none"> clears heat 	Yin: Fire Yang: Water	2nd point	10	2	44	2
Shu-Stream	<ul style="list-style-type: none"> treats body heaviness and joint pain (i.e. damp) 	Yin: Earth Yang: Wood	3rd point	9	3	43	3
Jing-River	<ul style="list-style-type: none"> fever and chills, cough changes in the voice 	Yin: Metal Yang: Fire	???	8	5	41	5
He-Sea	<ul style="list-style-type: none"> diarrhea rebellious qi 	Yin: Water Yang: Earth	Elbow/knee	5	11	36	9

	Actions	Location	LU	LI	ST	SP
Yuan-Source	<ul style="list-style-type: none"> Yin: tonify the organ Yang: treat excess, dispel pathogens 	Yin: 3rd point Yang: 4th point	9	4	42	3
Luo-Connecting	<ul style="list-style-type: none"> treat yin/yang channel or organ treat pathway of luo channel treat mental/emotional disorders 	???	7	6	40	4
Xi-Cleft	<ul style="list-style-type: none"> treat acute conditions and pain Yin: blood stagnation or bleeding 	???	6	7	34	8

Ma Dan-Yang Heavenly Star Points	
The 11 (or 12) most important points on the body, according to Ma Dan-Yang	
LU-7	One-sided headache, wind bi, phlegm obstruction in the upper body, lockjaw
LI-4	Headache, swelling of the face, tooth decay, nosebleed, lockjaw
LI-11	Skin disorders due to wind, aching elbow, hemiplegia with inability to close the hand, inability to draw a bow or comb hair
ST-36	Cold stomach, abdominal pain, diarrhea, swollen leg, weakness, emaciation
ST-44	Toothache, deathly chill in the hands and feet, dislike of voices, skin rashes, continuous yawning

Front-Mu Points	
Treat the organ	
LU-1	Lung
ST-25	Large Intestine

Gao-Wu Command Points	
4 (or 6) points to treat certain body areas.	
LU-7	Head and nape
LI-4	Face and mouth
ST-36	Abdomen

Other

Window of Heaven	<ul style="list-style-type: none">• Flow of qi between head and rest of body• Throat problems, goiter, scrofula• Disorders of the sense organs• Psycho-emotional disorders	LU-3, LI-18, ST-9
Ghost Points	<ul style="list-style-type: none">• Psycho-emotional disorders, mania, epilepsy	LU-11, LI-11, ST-6, SP-1

Lower He-Sea Points

Treat the yang organ (b/c the regular He-Sea point can't reach it)	
ST-37	Large Intestine
ST-39	Small Intestine

Master (Confluent) Points

Open the Eight Extraordinary Vessels	
LU-7	Ren (fertility, genital pain, urinary problems)
SP-4	Chong (chest pain, nausea, uterus)

Empirical Points

LU-7	Headache
ST-38	Shoulder