

3 CUN

C7

Ding Chuan ● DU-14 ● SI-15

T1

DU-13 ●

UB-11 ● Bone

SI-14 ●

T2

UB-12 ●

UB-41 ● SI-12 ●

T3

DU-12 ●

UB-13 ● LU

UB-42 ●

T4

UB-14 ● PC

UB-43 ●

T5

DU-11 ●

UB-15 ● HT

UB-44 ●

T6

DU-10 ●

UB-16 ●

UB-45 ●

T7

DU-9 ●

UB-17 ● Blood

UB-46 ●

T8

Wei Guan Xia Shu ● Pancreas

T9

DU-8 ●

UB-18 ● LV

UB-47 ●

T10

DU-7 ●

UB-19 ● GB

UB-48 ●

T11

DU-6 ●

UB-20 ● SP

UB-49 ●

T12

UB-21 ● ST

UB-50 ●

L1

DU-5 ●

UB-22 ● SJ

UB-51 ●

L2

DU-4 ●

UB-23 ● KI

UB-52 ●

L3

L4

DU-3 ●

UB-25 ● LI

Yao Yan ●

L5

UB-26 ●

Shi Qi Zhui Xia ●

UB-31 ● S1

UB-27 ● SI

UB-32 ● S2

UB-28 ● UB

UB-53 ●

UB-33 ● S3

UB-29 ●

UB-34 ● S4

UB-30 ●

DU-2 ●

UB-54 ●

Reliable Landmarks:

- spine of scapula → T3
- iliac crest → L4

Unreliable Landmarks:

- angle of scapula → T7
- bra strap → T9
- natural waist → L2

